

# Rate Card

obi coach

Services	Description	T&CS	Pricing (USD)
Initial Consultation (60 mins)	This session includes an initial assessment of your current lifestyle to identify the challenges which need to be overcome to achieve your goals. By the end of the session we would have set goals for your wellness journey.	Scheduled consultation must be rearranged with at least 12 hours' notice or will be chargeable.	\$79
Coaching Session (30 mins)	Providing you with information and guidance on topics which will support you achieving your wellness goal that is identified in the initial consultation.	Scheduled coaching sessions must be rearranged with at least 12 hours' notice or will be chargeable.	\$49



**Coach Yasmine**  
Nutritionist

*Passionate to help you evolve by sharing knowledge and motivation. My approach is holistic: optimizing your overall wellbeing is my priority!*

## Specialisations

Nutrition  
Chronic Condition Management  
Weight Change  
Emotion Management